

GYM SCHEDULE SPRING 2019

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day				
9:00 am	Open Gym 9-4:00	Open Gym 9:00-3:30	Open Gym 9:00-4:30	Introduction to Rec 9:00-11:30	Open Gym 9:00-4:00	*Jr. Soccer Club 9:00-10:30	Open Gym 9:00-11:00	9:00 am				
9:30 am						9:30 am						
10:00 am						10:00 am						
10:30 am						10:30 am						
11:00 am						11:00 am						
11:30 am				*Masters Basketball 10:30-12:30		*Adult Soccer Club 11:00-1:00	11:30 am					
12:00 pm				*Kick Start 4:00-5:00		*Kick Start 3:30-4:30	*Jr Soccer 4:30-5:30	Open Gym 11:30-4:00	*Youth B-ball Skills Clinic 4:00-5:00pm	*Table Tennis Club 12:30-4:30	*Badminton Club 1:00-4:00	12:00 pm
12:30 pm												12:30 pm
1:00 pm												1:00 pm
1:30 pm												1:30 pm
2:00 pm	2:00 pm											
2:30 pm	*Co-ed B-ball 4:00-5:00	*Preschool Soccer 5:30-6:30	*Netball 5:00-6:30		Open Gym 5:00-6:30pm			Open Gym 4:30-5:30		CLUB CLOSED	2:30 pm	
3:00 pm											3:00 pm	
3:30 pm											3:30 pm	
4:00 pm											4:00 pm	
4:30 pm											4:30 pm	
5:00 pm	Open Gym 5:00-7:30	Open Gym 4:30-7:30	*Badminton Club 6:30-9:30	Pick-Up Basketball 6:30-7:30	*Badminton Club 6:30-9:30	CLUB CLOSED	5:00 pm					
5:30 pm							5:30 pm					
6:00 pm							6:00 pm					
6:30 pm							6:30 pm					
7:00 pm							7:00 pm					
7:30 pm				Pick Up Volleyball 7:30-9:30			Pick up Basketball 7:30-9:30	Volleyball 7:30-9:30				7:30 pm
8:00 pm												8:00 pm
8:30 pm												8:30 pm
9:00 pm												9:00 pm
9:30 pm												GYM CLOSED

***Only those who are registered in the programs or clubs or house leagues may participate.**

Note: The gym closes weeknights at 9:30 pm and weekends at 5:30 pm. Members have one half hour to shower and change. All members must exit the building by 10:00 pm on weeknights and by 6:00 pm on weekends.