

GYM SCHEDULE WINTER 2019

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day		
9:00 am	Open Gym 9-4:00	Open Gym 9:00-3:30	Open Gym 9:00-4:30	Introduction to Rec 9:00-11:30	Open Gym 9:00-6:30	*Jr. Soccer Club 9:00-10:30	Open Gym 9:00-11:00	9:00 am		
9:30 am						9:30 am				
10:00 am						10:00 am				
10:30 am						10:30 am				
11:00 am						11:00 am				
11:30 am				*Masters Basketball 10:30-12:30		*Adult Soccer Club 11:00-1:00	Open Gym 11:30-4:00	11:30 am		
12:00 pm								12:00 pm		
12:30 pm								12:30 pm		
1:00 pm								1:00 pm		
1:30 pm								1:30 pm		
2:00 pm	*Kick Start 4:00-5:00	*Kick Start 3:30-4:30	*Jr Soccer 4:30-5:30	*Co-ed B-ball 4:00-5:00	*Table Tennis Club 12:30-4:30	*Badminton Club 1:00-4:00	Open Gym 4:00-5:30	2:00 pm		
2:30 pm								2:30 pm		
3:00 pm								3:00 pm		
3:30 pm								3:30 pm		
4:00 pm								4:00 pm		
4:30 pm		Open Gym 5:00-7:30	Open Gym 4:30-7:30	*Preschool Soccer 5:30-6:30		*Netball 5:00-6:30	CLUB CLOSED	Open Gym 4:00-5:30	Open Gym 4:00-5:30	4:30 pm
5:00 pm										5:00 pm
5:30 pm										5:30 pm
6:00 pm										6:00 pm
6:30 pm										6:30 pm
7:00 pm	Pick Up Volleyball 7:30-9:30	Pick up Basketball 7:30-9:30	*Badminton Club 6:30-9:30	Pick-Up Basketball 6:30-7:30	*Badminton Club 6:30-9:30	Open Gym 4:00-5:30		Open Gym 4:00-5:30	7:00 pm	
7:30 pm									7:30 pm	
8:00 pm									8:00 pm	
8:30 pm									8:30 pm	
9:00 pm									9:00 pm	
9:30 pm	GYM CLOSED							9:30 pm		

***Only those who are registered in the programs or clubs or house leagues may participate.**

Note: The gym closes weeknights at 9:30 pm and weekends at 5:30 pm. Members have one half hour to shower and change. All members must exit the building by 10:00 pm on weeknights and by 6:00 pm on weekends.