

# POOL SCHEDULE WINTER 2012

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day			
9:00 a.m.	½ Leisure	½ Lane & ½ Leisure 9-10:30am	½ Leisure	½ Lane & ½ Leisure 9-10:30am	½ Leisure	½ Lane & ½ Leisure	½ Leisure	9:00a.m.			
10:00 a.m.		*Aquafit 10:30-11:30 am		*Aquafit 10:30-11:30 am		*Aquafit 10:15-11:15am		10:00a.m.			
10:30 a.m.		½ Leisure ½ Lane		½ Leisure ½ Lane		½ Jr. Development Race Program ½ Lane		10:30a.m.			
11:00 a.m.		9-1 pm		9-1 pm		11:15- 1:15 pm		11:00a.m.			
11:30 a.m.		POOL CLOSED 1-2 pm		POOL CLOSED 1-2 pm		POOL CLOSED 1-2 pm		POOL CLOSED 1-2 pm	POOL CLOSED 1-2 pm	½ Leisure	11:30a.m.
12:00 p.m.											1:00 p.m.
12:30 p.m.		½ Leisure		½ Leisure ½ Lane 2-4:45 pm		½ Leisure		½ Leisure ½ Lane 2-3:15 pm	½ Leisure	½ Leisure	12:30a.m.
1:00 p.m.	½ Lane	Pool Closed 3:15-4:15pm	½ Lane	Pool Closed 3:15-4:15pm	½ Lane	1:15-5:30 pm	1:00 p.m.				
1:30 p.m.	2-5:30 pm	½ Lane & ½ Leisure	2-5:30 pm	½ Leisure ½ Lane 4:15-6:30 pm	2-6:30 pm		½ Lane	1:30 p.m.			
2:00 p.m.	POOL CLOSED for Swimming Lessons 4:45-8:30 pm January 10 <sup>th</sup> to March 13 <sup>th</sup>	POOL CLOSED for Swimming Lessons 4:45-8:30 pm January 10 <sup>th</sup> to March 13 <sup>th</sup>	½ Jr. Development Race Program ½ Leisure 5:30-6:30pm	*Aquafit 6:30 to 7:30pm	½ Leisure	½ Leisure	2:00 p.m.				
2:30 p.m.			½ Leisure				½ Leisure ½ Lane	½ Leisure ½ Lane	½ Leisure	2:30 p.m.	
3:00 p.m.			3:00 p.m.								
3:30 p.m.			3:30 p.m.								
4:00 p.m.			4:00 p.m.								
4:30 p.m.			4:30 p.m.								
5:00 p.m.			5:00 p.m.								
5:30 p.m.			5:30 p.m.								
6:00 p.m.			6:00 p.m.								
6:30 p.m.			6:30 p.m.								
7:00 p.m.	7:00 p.m.										
7:30 p.m.	½ CREST 6:30-8:30 pm	½ CREST 6:30-8:30 pm	½ Leisure ½ Lane	½ CREST 6:30-8:30 pm	½ Leisure	7:30 p.m.					
8:00 p.m.	Adult Swim ½ Leisure, ½ Lane	Adult Swim ½ Leisure, ½ Masters	Adult Swim ½ Leisure, ½ Lane	Adult Swim ½ Leisure, ½ Lane	Adult Swim ½ Leisure, ½ Lane	8:00 p.m.					
8:30 p.m.	Adult Swim ½ Leisure, ½ Lane	Adult Swim ½ Leisure, ½ Masters	Adult Swim ½ Leisure, ½ Lane	Adult Swim ½ Leisure, ½ Lane	Adult Swim ½ Leisure, ½ Lane	8:30 p.m.					
9:00 p.m.	POOL CLOSED							9:00 p.m.			
9:30 p.m.	POOL CLOSED							9:30 p.m.			

## Pool Closed:

Monday to Friday	1:00-2:00 pm	
Tuesday	4:45-8:30 pm	-pool closed for Swimming Lessons
Tuesday & Thursday	3:15-4:15PM	-starting Tuesday February 21 <sup>st</sup> and ending Tuesday May 1 <sup>st</sup> , 2012

## Programs:

Monday, Wednesday, Friday	6:30 - 8:30 pm	- 3 lanes designated for use by the CREST Swim Club, lifeguard will determine membership lane requirement (to a maximum of three lanes)
Tuesday, Thursday	10:15 - 11:30 am	- shallow end closed for Aquafit, deep end is open
Tuesday	8:30 - 9:30 pm.	- 3 lanes are designated for use by the Master Swim Program
Thursday	6:30 - 7:30 pm	- ^shallow end closed for Aquafit, deep end is open
Monday to Friday	8:30 - 9:30 pm	- adult swimming (children 13 and under must be directly supervised by parent and/or guardian)
Saturday	10:00 - 11:15 am	- shallow end closed for Aquafit, deep end is open
Saturday	11:15am - 1:15 pm	- 3 lanes are designated for use by the Jr. Development Race Program

January 2012

# Crescent Town Club Inc. Pool Guidelines

## Family Swim Information:

Qualified and extensively trained lifeguards supervise all family and lane swim periods. Our pool has a height, and swim requirement for those who are interested in using the large pool. The temperature of the large pool is maintained at an approximate temperature of 82°F and the wading pool is maintained at an approximate temperature of 85°F.

## Swimming Regulations:

1. **EMERGENCY SIGNAL: 3 LONG WHISTLE BLASTS.**  
Please clear the pool immediately.
2. Do not dive in the shallow end of the large pool or into the wading pool. Ask a lifeguard where the designated diving areas are.
3. Always **walk** on the deck.
4. Staff and management are not responsible for lost or stolen items.
5. All deep-end swimmers must demonstrate their ability to complete a swim test (2 lengths of the large pool) upon the request of the lifeguard on duty.
6. Proper bathing attire must be worn in the water. Persons wearing shoes or street clothes except in the viewing area will be asked to leave the pool area.
7. All bathers must take a shower with soap and water before entering the pool area from either the change room facilities or from the sundeck.
8. No chewing gum allowed in the pool area.
9. No inflatable devices are allowed in the large pool except by permission of the lifeguard.
10. Diving or jumping from the swim blocks and/or lifeguard chairs is not permitted.

**\*\* Refer to the Pool Regulations and Wading Pool Regulations that are posted in the pool area or speak to the lifeguard on duty for more information.**

## Bathing Attire Policy:

Proper bathing attire means bathing attire that is used for the sole purpose of swimming. Undergarments, cut off shorts, and street clothes are not acceptable bathing attire. Patrons wearing bathing attire judged to be a safety hazard by the lifeguard on

## - Bathing Attire Policy Continued -

duty will be refused entry into the pool area. Acceptable bathing attire is at the discretion of the lifeguard on duty. Patrons must change into their bathing attire and have a shower with warm water and soap, and thoroughly rinse off all soap before entering the pool area.

## General Guidelines:

1. Children who are not toilet trained are encouraged to wear tight plastic pants under or on top of their bathing suits. Diapers are not allowed in the pools.
2. Please change your child in the appropriate change room. Children over the age of 4 are not permitted into the change room of the opposite sex. See the Recreation Office for an alternate solution.
3. Avoid meals, snacks and fluids one hour prior to swimming.
4. Please remove shoes and boots before entering the shower area and proceed to the pool access door and designated viewing area.

## Pool Fouling:

1. We are required by the Ontario Health Act to close our pools whenever feces and/or vomit are found. Please help us keep our pools open by:
  - a) Ensuring children who are not toilet trained wear tight plastic pants over or under their bathing suits. (no diapers)
  - b) Encourage your child to visit the washroom before entering the pool or as needed.
  - c) If you are feeling sick, come out of the water onto the deck and notify the lifeguard or your instructor.
  - d) Make-up lessons are not scheduled for pool foulings.

## Holiday Hours and Pool Closure:

Please check with the receptionist, Recreation Office or call 416-699-9631 for holiday hours and/or changes in the pool schedule. Please note that during the holidays or other special days, camps, day cares and/or other large groups may take advantage of the pool. This will be posted for your convenience.