

GYM SCHEDULE WINTER 2022

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time/Day	
9:00 am	Open Gym 9-4	Open Gym 9-3:30	Open Gym 9-5	Open Gym 9-4	Open Gym 9-6	*Jr Soccer Club 9-10:30	Open Gym 9-11	9:00 am	
9:30 am						9:30 am			
10:00 am						10:00 am			
10:30 am						*Masters Basketball 10:30-12:30	*Adult Soccer Club 11-1	11:00 am	
11:00 am									11:00 am
11:30 am									11:30 am
12:00 pm									12:00 pm
12:30 pm									12:30 pm
1:00 pm									*Table Tennis Club 12:30-4:30
1:30 pm						1:30 pm			
2:00 pm						2:00 pm			
2:30 pm						2:30 pm			
3:00 pm						3:00 pm			
3:30 pm	3:30 pm								
4:00 pm	*Kick Start 4-5	*Kick Start 3:30-4:30	*Co-ed Bball 4-5pm	Open Gym 5-5:30	Open Gym 4:30-5:30	Open Gym 4-5:30	4:00 pm		
4:30 pm	4:30 pm								
5:00 pm	5:00 pm								
5:30 pm	*Karate 5-7	Open Gym 4:30-7:30	*Karate 5-7	*Netball 5:30-7	*Badminton Club 6-9	CLUB CLOSED	5:30 pm		
6:00 pm							6:00 pm		
6:30 pm							6:30 pm		
7:00 pm							7:00 pm		
7:30 pm							7:30 pm		
8:00 pm							8:00 pm		
8:30 pm	8:30 pm								
9:00 pm	GYM CLOSED							9:00 pm	

*Only those who are registered in the programs or clubs or houseleagues may participate.

Note: The gym closes weeknights at 9:00 pm and weekends at 5:30 pm.

January 2022